President’s Message

Revise, Renew, Refresh

As I sit here on this day of Thanksgiving, I reflect on how grateful I am for all the women in this organization, the relationships and lifetime friends I have met here, and the service and dedication of many to strive for equality for women. I have a great deal of gratitude and want to publicly thank the Eastside local for nominating me as the Woman of the Year. Like myself, we go day to day to do the right thing and follow our passions in life, but never look back to reflect on what you have really achieved in life thus far. I had this opportunity with the help of Eastside to reflect and remember my journey and realized I have actually achieved some incredible milestones. I encourage all of you to continue to celebrate a Woman of the Year. It is so rewarding. I am so grateful! THANK YOU!

We are quickly approaching a milestone in BPW and will be celebrating 100 years! Cheers to 100 Years! We have a wonderful event planned. Invite your friends, family, loved ones and women in your community.

As we all roll into the hustle and bustle of the Holidays, take time for yourself and reflect on your journeys in life and the journeys of the women before us.

Blessings to you all and your families

Judy Keyt

Celebrate Our 100th Anniversary

Our State Federation (BPW/WA) will celebrate its 100th anniversary on February 22, 2020. (Further information appears on page 2.) Seating is limited, so make your reservation now.

Lobby Day is January 27th

BPW/WA will be joining AAUW again for Lobby Day 2020 on Monday January 27th. It will be from 8 am – 1 pm in Olympia with speakers and lunch. In the afternoon members should contact the legislators they wish to speak with and share their concerns for the coming legislative session. Last year was very informative and eye opening on some of the topics coming up for a vote. This year should be as interesting. Hopefully you will have time to sit in on a committee session in the afternoon too. JOIN US!

For all information, go to the AAUW website and register for only $25 @ https://aauw-wa.aauw.net/2019/09/07/2020-lobby-day-jan-27/

Also, please contact BPW member Sylvia Valine @ sevaline123@gmail.com when you register and let her know you are going and if you need a ride.

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February 22nd, 2020
Celebrate BPW/WA’s 100th Anniversary

Business and Professional Women of Washington State (BPW/WA) is one of the oldest women’s professional organizations in the state. BPW empowers women intellectually and professionally via speakers, a young careerist program, an individual development program, networking, legislative awareness about women and family issues, mentorships, and long lasting friendships throughout the state. Join us and go to a local meeting in your area. Go to bpwwa.org for detailed information.

Where: Poodle Dog Restaurant
1522 54th Ave E, Fife WA 98424
Fife’s Poodle Dog Restaurant opened in 1933. The highly rated restaurant is still family owned and is one of the best-known restaurant landmarks in the state. BPW will be celebrating in their Grand Century Ballroom.

Time: Noon – 4:00 pm

Cost: $38/Person. Reservations/Payment, go to the Eventbrite link:
https://www.eventbrite.com/e/bpw-wa-cheers-to-100-years-tickets-86304391759

Space is limited! Buffet includes Pot Roast and Parmesan Chicken, Drinks, Dessert, Tax and Gratuities. No Host Bar.

Featuring a Slide Presentation, BPW’s Historical Perspective, Prizes and Live Entertainment by Living Voices: an educational theatre company that combines dynamic performance and archival film to bring life to history! Rachael McClinton, Director, will present her Hear My Voice performance.
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Updated November 1, 2019
## BPW/WA Calendar of Events

**January 1, 2020 – May 31, 2020**

**State Activity, Local Activity**

### January

**LOCALS:** Identify Young Careerist (YC) Candidates in your area.

**LOCAL** Treasurers – Send $75 to the BPW/WA Treasurer for State Conference Dues coming in May so Local Presidents and their members can vote at State Conference.

**LOCALS:** Review and report MEMBERSHIP goals and results to the State Membership Coordinator (georgiariggleman@gmail.com).

**January 5**

**STATE President** call to all the **LOCAL Presidents**

**January 15**

**LOCAL** and **STATE DEADLINE:** Proposed State Bylaws changes deadline to the State President (jjkeyt@gmail.com) and Bylaws Chair (mmlewendon@comcast.net).

**January 27**

**LOCALS:** Review and report **MEMBERSHIP** goals and results to the State Membership Coordinator (georgiariggleman@gmail.com).

### February

**Foundation and Black History Month**

**LOCAL Treasurers:** Send State Foundation donations to the WSBPW Treasurer (Barbara Luddon, 165 NW Alta Drive, Bremerton, WA 98310). Suggested is $5/member.

**LOCAL Treasurers:** Send BPW National Foundation donations (suggested is $3/member) to: BPW Foundation, c/o Wells Fargo, P.O. Box 759189, Baltimore, MD 21275 -9189.

**LOCALS:** Prep your YC candidates for their speak-off next month.

**LOCAL** and **STATE DEADLINE:** Nominations for State Officers and Nominations Chair: Must send to Nominations Chair 90 days prior to State Conference.

**LOCAL DEADLINE:** Turn in Local Bylaws changes for review/approval by Bylaws Chair.

**February 9**

**STATE Executive Committee Meeting**

**February 22**

**STATE –“BPW CHEERS To 100 YEARS!”** Celebration of BPW/WA’s 100th Anniversary

### March

**Women’s History Month**

**LOCAL:** YC Speak-off during Local monthly meeting. Contact the YC Chair with winner’s info, picture, and bio.

**LOCAL:** Nominations Chair starts looking for candidates for next year’s Local officers.

**LOCALS:** WSBPW Foundation requests a total of all Local Organization scholarships funds; those administered by WSBPWF, the local, or another scholarship-awarding organization.

**March 2**

**Call to Conference** - State Conference Invitation to members.

**March 31**

**Equal Pay Day** (Note it is the first time this date is in March.)

### April

**LOCALS:** Elect your new Local Officers for the next BPW year.

**LOCALS:** Young Careerist Applications are due to State YC Chair.

**April 1**

**LOCAL** and **STATE DEADLINE:** Send articles, ads, and reports to the WBW Editor for the Spring Issue (barbluddon@q.com).

**LOCALS:** Send bios of deceased members to State Memorials Chair (nancysoren@aol.com).

**April 5**

**STATE Executive Committee Meeting**

**April 19**

**STATE President** call to all the **LOCAL Presidents**

### May

**Military Appreciation Month**

**STATE CONFERENCE** May 2 – 3, 2020.

**LOCALS:** Have your Local officers, this year’s and next year’s, attend the State Conference and any important committee chairs for retrospection, introduction, and planning for the new BPW year.

**LOCALS:** Installation of New Officers by an Evergreen or Past Local President.
2019-2020 Scholarships Awarded

The Washington State Business and Professional Women’s Foundation awarded scholarships for the 2019-2020 school year as follows:

**Foundation Scholarships**

**Mature Woman Scholarship** ($1,000) to Katherine Van Eddy of Sequim; Pacific Lutheran University; MFA – Creative Writing

**Past BPW/WA Presidents Memorial Scholarship** ($1,000) to Jennifer Griffith of College Place; Walla Walla Community College; AA – Nursing

**BPW/WA Member Scholarship** ($1,000) to Heather Stark of Woodinville; Walden University (Minneapolis, MN); PhD – Organizational Psychology

**Designated Funds Scholarships**

**Emerald City BPW Foundation Scholarship** ($1,000) to Jessica Do of Everett; University of Washington – Evans School of Public Policy & Governance; MA – Public Administration

**Margaret Way Scholarship** ($500) to Katherine Van Eddy of Sequim; Pacific Lutheran University; MFA - Creative Writing

**Patrick Healy & Bobbie Healy Memorial Scholarship** ($1,500) to Christina Delgado of Seattle; University of Washington – School of Nursing; DNP – Nursing.

Information concerning scholarships for the 2020-21 school year is expected to be posted on the bpwwafoundation.org website sometime in January.

BPW Local Organizations News

**Republic BPW Adopts Eleven Disadvantaged Families in Ferry County.**

Each year Republic BPW provides for families-in-need during the holiday season. We accomplish this by seeking nominations from our local schools and community service agencies. All families remain anonymous to the club. What we do gather are the gender, age, size and needs of each family member. BPW supporters can select which need they are able to fulfill. Sometimes this means providing everything that child asks for, sometimes it means the need is met by several different people. Often non-members will also pitch in with gift cards, books, knitted items, toiletries or by purchasing the family a grocery gift certificate. This year, due to the increase in number of families in need, we partnered with community members and local businesses to fill the un-met needs. The outpouring of generosity has been tremendous! The gifts are wrapped, labelled, placed in a large reusable storage tubs and delivered to the schools. Reports back from the schools and teachers let us know that their students are appreciative. Children return from winter break proudly dressed in their new winter outfits.

Following the gift wrapping, we invite our significant other to join us in a no-host dinner. We "wrap up" the evening with a lively game of Yankee swap.

Here are a couple of pictures from the party.

- Submitted by Patrice Beckwith, Republic BPW President
**Campus BPW Local Information**

Campus BPW has had a variety of informative monthly meetings for the year and promise to garner your attention for the rest of the year. Our luncheons are located at Piatti Restaurant in University Village on the 3rd Friday of the month (mostly), from 11:30 a.m. – 1:15 p.m.

2019

- **September 20:** Kathy Sakahara, *League of Women Voters* and political activist spoke to us on *How to Have Your Voice Heard in Olympia.*
- **October 18:** Julie Anne Kempf, League of Women Voters, *2019 Election Initiatives.*
- **November 15:** Robin McCain, Student of Local Orca Populations, *Southern Resident Orca Whales of the Salish Sea.*
- **December 13:** Ruth Herold, executive director of the *Elizabeth Gregory House,* summarized the latest happenings of the EGH and a *client told us what impact the EGH* has had on her. Campus BPW donated our annual contribution to EGH at this time.

2020

- **January 17:** Joan Burton, Guidebook author, *Best Hikes With Kids,* will present *Stories of Early Mountaineer Women in the Pacific Northwest.*
- **February 21:** Owner/s of *Intrigue Chocolate Co.* on chocolate.
- **March 20:** Gary Rose, former park guide, Mt. Rainier Summit will recall the *Rescue of an Injured Climber on the Summit of Denali National Park, Alaska.*
- **April 17:** *Robotics* – speaker TBA
- **May 15:** *Dietary and Nutrition Update* – speaker TBA
- **June 19:** *Update on The New Burke Museum* – speaker TBA, Burke Museum, UW

In lieu of fundraising, we solicited and received $35 from each of our members to cover our annual contribution to the Elizabeth Gregory Home and member scholarships for registration fees for state meetings.

For more information, please contact me at the following:

Sue Suwiwattanakul
suesuwi@gmail.com
206-979-7809 (leave message)

Thanks to all and I hope you’ll consider visiting us at one of our luncheons.

Submitted by Sue Suwiwattanakul,
Campus BPW President

**Wenatchee BPW Report**

**COMMUNITY PROJECT**

Wenatchee BPW chose the YWCA transitional housing as our Community Project for 2019. YWCA of North Central Washington is on a mission to eliminate racism, empower women, stand up for social justice, help families and strengthen our community.

Emogene’s Emergency Shelter provides interim housing and family services, up to 90 days, for women and children.

Their program needs were twin blankets & sheets, feminine products, hearty soups, and ready to eat meals (Completes & tuna and chicken).

Thanks to our dedicated members, who want to give back to our community, we were very successful in collecting the items needed.

**Wenatchee BPW Past Presidents**

Our Past Presidents meet quarterly for breakfast on Saturday. This group honors each Wenatchee President with a pin upon leaving office.

Their Christmas Project is choosing cards from a Christmas Giving Tree – age, boy or girl, and gift idea is on each tag. This has been a fun shopping time for all. My granddaughter and I especially enjoy this shopping and giving at Christmas.

Submitted by Georgia Riggleman
Wenatchee BPW President
BPW Eastside Happenings

Our first BPW Eastside Woman of the Year event was small, but powerful. We had several nominations from both within our BPW community as well as from the general community. Nominees included authors and business women, a woman who started an organization for training and placing service dogs, a woman who started the Reading with Rover program, and a long-standing BPW member whose career in nursing has led her to develop job and management education opportunities for numbers of other women.

Judges included two members of our local as well as an impartial third party. The evening recognition event was held at the Kirkland Chamber of Commerce conference room and featured the nominees and nominators as well as members. Laura McManus, BPW Eastside member provided an elegant dessert refreshment table and beverages. After introductions and review of the nominees’ accomplishments, the top three finalists were presented a certificate and a rose. Our winner was presented with the rose, the certificate and a gift certificate.

BPW Eastside’s Woman of the Year is Judy Johnson-Keyt, the current BPW/WA President. Although her long and distinguished career with BPW is significant, it did not give her a leg up in the competition. Judy came in first because of her accomplishments in her field of nursing management and for her remarkable history of advocating for working women and their equal pay and opportunities in this field.

She is a great representative of the kind of person we hope to recognize in our future Woman of the Year events.

BPW Eastside’s December meeting is not only a fun get-together with gift exchange, but also an opportunity to invite guests and a practice run for our Bunco fund raiser and auction to be held in February. The party will feature practice and learning sessions for those who have never played Bunco, so everyone is up to speed for the big night.

January will bring our big collaborative event as we work with Soroptimist International Cascadia group, the Kirkland Chamber of Commerce, and the Washington State Department of Labor and Industries to bring a free educational event to our community and its businesses. Washington State has a protected leave law which applies to those who are experiencing or who are supporting someone experiencing intimate partner violence (domestic violence). The law requires certain accommodations from employers no matter how small to help those who need time off for safety, legalities, or recovery from domestic violence. Yet very few employers understand or even know about the law. BPW Eastside has partnered with the other organizations to provide a free opportunity to learn about the liabilities and responsibilities of business employers.

Submitted by Milly Lewendon

A bad attitude is like a flat tire.
You can’t go anywhere until you change it.”
--Milly Lewendon

Judy Johnson-Keyt, Heather Stark, and Sue Meinzinger
We Remember Dottie Cainion

Dorothy (Dottie) Rose Cainion

Dottie was a long time member of BPW, including serving as President of Silverdale BPW 1991-1992. She was passionate about the mission and purpose of BPW – helping women grow personally, professionally and politically. She was a strong leader in the local, district and State Political Action Committee (PAC) and the Legislation Committee. Dottie will be missed for her sharp wit, honest opinions, and caring heart.

Her Celebration of Life and Remembrance was held December 14, 2019 at Floral Hills, Lynnwood, with her Final Resting Place being Floral Hills Cemetery.

You may honor Dottie’s memory by making a donation to the Southern Poverty Law Center (SPLC), 400 Washington Ave., Montgomery, AL 36104. To make a donation on the phone please call #334-956-8408; online: https://donate.splcenter.org/

Information and photo supplied by Robin Akkerman

Photos from Fall Board 2019

President Judy and Parliamentarian Mike Healy consult on how to present a motion.

Deadline to submit your ads, articles, and/or pictures for inclusion in the Washington Business Woman (WBW) Spring 2020 issue is April 1, 2020.

Please email all copy to: barbluddon@q.com

A Special Kick-off

Celebrating the Centennial of the Women Suffrage Movement

Rose Parade float
‘Years of Hope, Years of Courage’ celebrates centennial of the 19th Amendment ratification

Join the hundreds of millions throughout our country and the world to witness the special kick-off celebration of the 100th Anniversary of Women in the Unites Winning the Right to vote.

(continued on page 9)
On Jan. 1, look for Ms. Liberty in the Rose Parade. You can’t miss her; she’s 30 feet tall, wearing a “Votes for Women” sash, and her tablet has the 19th Amendment, the amendment that women fought hard to win in order to vote, like “real” citizens.

Women will be front and center in this parade: the city of South Pasadena also has a suffrage-themed float, and the Tournament of Roses Association itself is led by Laura Farber. She’s a dynamic leader — the third woman and first Latina as its president.

The float’s name is “Years of Hope, Years of Courage,” and the motto is “Upon their shoulders, we won the vote. Upon our shoulders, we protect the vote. We celebrate and build for the future.” For nearly 100 years before 1920, women who knew they’d never live long enough to vote dedicated their lives to making sure their descendants could… whether they were women or people of color of both genders. Considering their sacrifice, voting in any election is an imperative; a responsibility. In 2020, it is vital.

Today, thanks to the efforts of a small but mighty group of women led by Nan Johnson, a retired professor at Rochester University in New York, the dream of having a Rose Parade float honoring women’s suffrage has become a reality. It is also a dream come true for many ardent women’s history and rights activists. Ms. Johnson and too many people to name got the float project rolling, while Martha Wheelock — a board member of the National Women’s History Alliance, a 501c3 — has been the liaison so that the donations for the float are tax-deductible.

As the float passes by or appears on your TV screen, look for 100 women (and a few men) from throughout the nation walking in period attire behind it, along with notable people riding on it.

Dolores Huerta will be on the float, joined by descendants of heroes like Ida B. Wells, Susan B. Anthony, Harriett Tubman, Elizabeth Cady Stanton and Frederick Douglass. Like the Statue of Liberty, they will wear the sash of gold, purple and white — the colors of the US Women’s suffrage movement.

The Out-Walkers are following the float in a tradition started by Alice Paul in 1913. Alice, along with Lucy Burns, organized the first march down Pennsylvania Avenue to draw attention to the fact that only one-half of US citizens could vote: men. Women were expected to not be seen in public, let alone marching in a parade. Horrors! And voting? Poppycock — that was for men only.

Because of racist laws in some states, not all women were able to vote in 1920. Pasadena Celebrates 2020 is an intersectional tribute to those who were prevented from voting in the past and represents a determined commitment to helping to secure the right to vote for all in the future.

PS …The float number with be #24. If you’d like to donate to help with float expenses, go to pasadenacelebrates2020.org.

National Women's History Alliance
1855 Cooper Drive
Santa Rosa, CA 95404
https://nationalwomenshistoryalliance.org/
(707) 636-2888
info@nationalwomenshistoryalliance.org

Editor’s Note: The article above was extracted from an email entitled “An Historic Moment to Record for Future Generations” sent to me by the National Women’s History Alliance on December 28, 2019. Margaret Way also forwarded the same email to me with a note: “Not sure if you want to find any space in the next WBW for this information. I have been following the work going into getting this Rose Parade Float ready for at least a year now.” -Barbara Luddon, WBW Editor